



Diabetes Education Referral

To schedule fax completed referral form to Central Scheduling. Fax #: (616) 252-0155 Phone #: (616) 252-4461

*Patient Name: _____ Physician: _____

*DOB: _____ Home Phone #: _____ Work Phone #: _____

*Diagnosis

- Type 1 Type 1 uncontrolled Type 2 Type 2 uncontrolled
- Impaired fasting glucose FBS 100 – 126 mg/dL Impaired glucose tolerance RBS 140-200 mg/dL
- GDM Pregnant with pre-existing DM Other _____

Complications/Co morbidities _____

*Educational Need (check appropriate box for appointment requested)

- Comprehensive** Diabetes Self Management Training (9-10 hours of group class)
- Reasons for referral: Recent diabetes diagnosis Poorly controlled diabetes
- Lack of up-to-date self-care knowledge/skills Diabetes complicating pregnancy
- Individual session** Vision/ hearing impaired Limited English Injectable training
- Physical limitations Cognitive impairment other: _____
- Medical Nutrition Therapy** _____

Diabetes Medications (Current) _____

Instructions for changes in oral diabetes agents when injectable medication is begun: _____

- Insulin or Increatin** (Byetta/Symmlin/Victoza) **Instructions/review** _____
 - Intensive Insulin Management** **Pre-pump Training** (Appointments with RN and RD 3-6hours)
- Lantus/ Levimer daily + insulin analog or mealtime insulin (Novolog/ Humalog/ Apidra/)

Lantus/Levemir dose _____ Novolog/Humalog/Apidra : carb ratio _____

*Certified Diabetes Educator (CDE) to adjust per protocol Yes No

*Please fax a copy of lab results and any other pertinent information (Medicare requirement).

Recent Lab Results & dates:

A1c _____ FBS _____ 1 hr _____ 2 hr _____ 3 hr _____ Microalbumin _____

Serum Creatinine _____ T. Cholesterol _____ Trig _____ HDL _____ LDL _____

BP _____ Foot Exam _____ Dilated Eye Exam _____ Flu Shot _____ Pneumococcal Vac _____

*Physician Signature _____ Date _____

Date of Education (For DM Office use only) _____

Diabetes Office at Metro Health Southwest (616) 252-8339 or (616) 252-8381 Fax # (616) 252-8397

